

COFFEE

Five Senses

Regular.....	4.5
Large.....	5
Extra Shot.....	+1
Decaf.....	+1
Almond Milk.....	+1
Bonsoy.....	+0.5
Oat Milk.....	+1
Lactose Free.....	+1

Cold Brew.....	6
Coconut Cold Brew.....	6
Pour Over.....	7
Iced Coffee (-/+ ice cream).....	6/8
Iced Chocolate (-/+ ice cream).....	6/8

Soy Chai Latte.....	6
(+ iced 1)	
Cookie Butter Latte V.....	6.5
Mörk Hot Chocolate.....	6.5
Soy Chilli Hot Chocolate.....	7.5

Health Lattes DF5.5

Golden Latte
Turmeric, ginger, cinnamon, honey, soy milk
(+ iced 1)

Green Latte
Matcha, honey, soy milk
(+ iced 1)

Rose Latte
Pink pitaya, rosewater, oat milk
(+ iced 1)

TEA

Organic Loose Leaf Tea5

- Breakfast Tea** - Served black / white
- Silver Fox** - Earl grey served black/white
- Genmaicha** - Japanese green
- Chai Tea** - Touchwood wet chai, soy milk & honey
- Thriller in Vanilla** - Creamy & sweet rooibos blend
- Peppermint** - Fresh, clean & cooling
- Lemonzilla** - Lemongrass & ginger
- Rancho Relaxo** - Calming chamomile

DRINK

COLD DRINKS

Cold Pressed Juice8

Tropi Cool
Pineapple, apple, orange, lemon, mint

Green With Envy
Spinach, celery, kale, cucumber, lemon, apple, parsley

Sweet Cheeks
Watermelon, apple, cucumber, raspberry, lime

Other Juice6

Apple Juice
Orange Juice

Water

Still Mineral.....	5
Sparkling Mineral.....	5/8
Coconut Water.....	5

Milkshakes8

(+ whey protein powder 2)

Chocolate
Vanilla
Strawberry

KIDS DRINKS

Babycino.....	1.5
Cold Milk.....	2
Apple Juice.....	3
Orange Juice.....	3
Hot Chocolate.....	5
Chocolate Milkshake.....	4
Vanilla Milkshake.....	4

SOMETHING FIZZY

Kombucha6

Raspberry Lemonade
Wild Berry
Ginger Lemon
Passionfruit

Sparkling Ice Tea5.5

Queen Peach
Yuzu Lemon

Sparkling Coconut Water6

Lychee
Watermelon
Passionfruit

Organic Soda5

Lemmy Lemonade
Lemmy Lime & Bitters

Soft Drink4

Coke
Coke No Sugar

SMOOTHIES DF

(+ whey protein powder 2)

Sunrise Smoothie
Mango, strawberry, lychee, guava nectar.....13

Caramello Smoothie
Banana, peanut butter, mesquite, cacao, chocolate almond milk.....12

Green Glow Smoothie
Kale, cucumber, mango, banana, chia seeds, coconut water.....13.5

Brekky Smoothie
Blueberry, banana, coconut yoghurt, granola, honey, oat milk, cinnamon.....13.5

Red Velvet Smoothie
Raspberry, banana, cocoa, chocolate almond milk.....14

BREAKFAST

All Day

Fruit Toast.....10
Served with jam & butter

Free Range Eggs On Toast.....12.5
Poached/Fried
(Scrambled +2)

Overnight Oats.....17
Peanut butter, chia seeds, almond milk, granola & fresh seasonal fruits **V DF**

Smoked Salmon Toast.....24
Dill & horseradish crème fraiche, pickled red onion & golden beetroot, on one slice of sourdough toast (+ egg 3)

Chilli Scrambled Eggs.....23
Bacon, manchego cheese, fresh chilli, fried shallots & chilli oil on two slices of sourdough toast

Eggs Benedict.....26
Two poached eggs, BBQ pulled pork, apple chutney, jalapeño relish, a potato croquette & hollandaise sauce on sourdough toast

Avocado Toast.....23
Sliced tomato, grilled halloumi, hot chilli honey, pomegranate pearls & pickled red onions on two slices of multigrain toast (+ egg 3)

Sautéed Mushrooms.....24
Caramelised onion, kale, macadamia butter, feta, pistachio dukkah & a poached egg on one sourdough toast

Brown Butter Brioche Toast.....25
Vanilla bean panna cotta brûlée, strawberry compote & fresh berries

BLAT / HLAT.....18
Free range bacon OR haloumi, cos lettuce, avocado, tomato & aioli in a toasted Turkish pide

Brekkie Burger.....18
Free range bacon, scrambled egg, spinach, tomato relish & aioli in a brioche burger bun

HCT.....13
Ham, cheese, tomato croissant OR toastie

EAT SIDES

Bowl of Fries	10
House Smoked Salmon	7
Bacon	6
Avocado	6
Potato Croquette	6
Grilled Chicken	6
Roast Tomato	5
Spinach	5
Mushroom	5
Halloumi	5
Marinated Feta	4
Extra Egg	3
Beetroot Relish	3
Tomato Relish	3
Jalapeño Relish	3
Hot Chilli Honey	3
Pickled Red Onion	3
Hollandaise	3
Aioli	2
Fresh Chilli	2
Gluten Free Toast	+2

KIDS BITES

Kids Scrambled Eggs.....10.5
Avocado & toast

Kids Pancake.....10
Served with maple syrup
(+ ice cream 2)

Kids Fruit & Yoghurt.....10
Fresh fruit with coconut yoghurt **V**

LUNCH

All Day

Californian Superfood Salad.....21
Tri-coloured quinoa, shredded kale, wild organic rice, coriander, charred corn, salted ricotta, black turtle beans, gojis, heirloom tomatoes, jalapeños & a spicy lime vinaigrette
(+ tuna 3 / + grilled chicken 6) **GF**

Asian Chicken Salad.....22
Shredded coconut, chilli, lime, cucumber, cashew, mint, tomato, coriander, carrot & cabbage **GF DF**

Sushi Bowl.....25.5
Grilled salmon, avocado, shiitake mushrooms, cucumber, seaweed salad, pickled carrot, pickled ginger, brown rice, Kewpie mayo & a chilli honey soy dressing **GF**

Baked Mozzarella.....26
Sugo sauce, white beans, roasted red peppers, chilli oil & basil pesto served with toasted focaccia

Crispy Chicken Baos.....22
Two steamed bao buns, Sriracha mayonnaise, pickled slaw, sesame, coriander, fresh chilli & lime

Steak Sandwich.....26.5
Scotch fillet, caramelised onion, beetroot relish, pickles, rocket, aioli & Swiss cheese in a toasted Turkish Pide. Served with fries

VISUAL MENU

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GF Gluten Free
V Vegan
DF Dairy Free

The following surcharges apply:
Saturday - Sunday 10%
Public Holiday 15%

